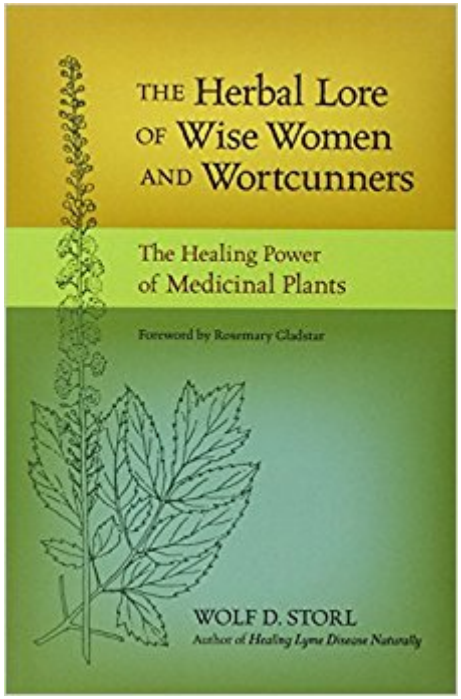
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The Herbal Lore Of Wise Women And Wortcunners: The Healing Power Of Medicinal Plants



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Synopsis

Traditional herbalists or wise women were not only good botanists or pharmacologists; they were also shamanic practitioners and keepers of occult knowledge about the powerful properties of plants. Traveling back to the healing arts of the ancient Egyptians, Greeks, and Romans, The Herbal Lore of Wise WomenÃ Â and Wortcunners takes readers deep into this world, through the leechcraft of heathen society and witchesÃ¢â ¬â„¢ herb bundles to the cloister gardens of the Middle Ages. It also examines herbal medicine today in the traditional Chinese apothecary, the Indian ayurvedic system, homeopathy, and Native American medicine. Ã Â Balancing the mystical with the practical, author Wolf Storl explains how to become an herbalist, from collecting material to distilling and administering medicines. He includes authoritative advice on herb gardening, as well as a holistic inventory of plants used for purposes both benign and malign, from herbs for cooking, healing, beauty, and body care to psychedelic plants, witchesÃ¢â ¬â„¢ salves for opening alternative realities, and poisonous herbs that can induce madness or cause death. Storl also describes traditional Ã¢â ¬Å“womenÃ¢â ¬â„¢s plantsÃ¢â ¬Â• and their uses: dyeing cloth, spinning and weaving, or whipping up love potions. The Herbal Lore of Wise Women and Wortcunners is written for professional and amateur herbalists as well as gardeners, urban homesteaders, and plantspeople interested in these rich ancient traditions.

Book Information

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Customer Reviews

Ã¢â ¬Å“A deep excursion into the heart of herbalism Ã¢â ¬Â¦ The Herbal Lore of Wise Women and

Wortcunners invites us into the hearts and essences of the plants and encourages us to discover Ã¢â ¬Ëœwhoâ ¬â„¢ they are through the realm of our own senses.Ã¢â ¬Â•Ã¢â ¬â •from the foreword by Rosemary Gladstar, author of Rosemary Gladstar's Herbal Recipes for Vibrant Health and coauthor of The HerbalistÃ¢â ¬â„¢s WayÃ¢â ¬Å“For the serious student of herb lore, or anyone who would be delighted by the colorful history of herbalism Ã¢â ¬Â¦ Wolf Dieter Storl has penned an account of wortcunning that is entertaining and practical. Without sacrificing pragmatic information about the healing properties of plants, Storl reveals the amazing mystiqueÃ Â of this ancient lore.Ã¢â ¬Â•Ã¢â ¬â •Matthew Wood, author of The Earthwise HerbalÃ¢â ¬Å“A thorough history of global plant medicine that incorporates intellect, science, and lore Ã¢â ¬Â¦ an insightful reference that needs to be part of every herbalistÃ¢â ¬â„¢s library.Ã¢â ¬Â•Ã¢â ¬â •Kris Hill, herbalist and founder of Hillbotanical.com"I own at least a couple of hundred books on all aspects of herbs and herbalism, but this one is my all-time favorite. Not so much a book about herbs, but a literary walk down the secret garden path to the plant devas themselves. I have learned more about the art and craft of traditional herbalism from these pages than from any other source, and I am delighted that this book is now, finally, becoming available to the English speaking world! A 'must read' for any student of herbalism who wants to go beyond formulas and constituents."Ã¢â ¬â •Kat Morgenstern, founder of ethnobotany and ecotravel website SacredEarth.comÃ¢â ¬Å“[The book] discusses old European, Oriental, and Native American herbal medicine with all of their mysticism and in the same breath speaks about modern concepts of health. The reader is taken into a historic world that accepted and used herbal energetics in healing. The text delves into principles of shamanism, homeopathy, planetary influences, and anthroposophic medicine. Ã¢â ¬Â¦ Comparisons of Chinese, Ayurvedic, and Greek classifications of medical plants according to taste and smell is particularly interesting.Ã¢â ¬Â• Ã¢â ¬â •Kathi Keville, American Herb AssociationÃ¢â ¬Å“[Wolf D. Storl] provides enough detail to empower the novice while surprising the old hand. Ã¢â ¬Â¦ I recommend this book to any practicing herbalist and serious researcher who seeks a source of literature previously lacking in our discipline.Ã¢â ¬Â• Ã¢â ¬â •Amanda McQuade Crawford, consultant medical herbalist at The Ojai Center of Phytotherapy and contributing editor to HerbalGramÃ¢â ¬Å“The Herbal Lore of Wise Women and Wortcunners offers a survey of the healing art of ancient Egyptians, Greeks and Romans and contrasts these early practices with herbal medicine today from Chinese, Indian and Native American medicine. Author Wolf D. Storl explains how to collect plants, distill, and administer medicines from them and includes old-world 'women's plants' and their other uses as well. Ã¢â ¬Â¦ A fine acquisition for any interested in herbalism and botany.Ã¢â ¬Â• Ã¢â ¬â •Midwest Book Review

Wolf D. Storl is a cultural ecologist and university professor who has conducted research and taught in the United States, India, Mexico, the Canary Islands, South Africa, and much of Europe. As an anthropologist his area of research is shamanism and healing in traditional societies with a focus on the role of plants in all aspects of life, including sacred symbolism, magic, medicine, foods, and poisons.The author of more than two dozen books in German and English including Healing Lyme Disease Naturally, he lives with his family and a number of pets in the forested foothills of the Alps in southern Germany, where he gardens, collects herbs, conducts ethnobotanical studies and writes his books.

I am only about a quarter through this book and cannot tell you how much I am enjoying it! I love history and herbs so this was a no brainier when I saw it - I am addicted to reading this book. Well written, interesting, not at all boring and dry! It is a wonderful resource for people who love herbs and the history of the people who tended them. Seriously, one of the BEST books on herbs out there! I have been so inspired to do more research into the topics included in this book.

What a wonderful book! As a Master Herbalist I thoroughly enjoyed how the diverse traditions of herbal/botanical knowledge were interconnected. I learned so much from this book. It answered questions I didn't even know I had! I think everyone interested in using herbs for health/healing would benefit from the information in this book, I highly recommend it!

This was suggested to me by a fellow Asatru when I asked him if there was anything in the lore that taught us how to use herbs the way our ancestors did, or if there was anything that could tell us which herbs were sacred to the gods, and this was suggested. Though I've not used it a TON yet, I like what I've read so far.

I liked it and passed it along to my herbal friends.

By far one of the best books I have read on plant medicine and herbal lore.It's obvious the Wolf combines his extensive scientific knowledge and his amazing spiritual experience to provide a wonderful and insightful read.I was so inspired by this book that mis way through I signed up for an herbalist course!!!!

Fascinating!!!! So far I LOVE THIS BOOK!! It’s informative, well written, sometimes overwhelming with fun facts and it’s great to share. I would highly recommend this book for anyone interested in their own health, the history of health care and knowledge and anyone who just likes to discover cool things.

My husband bought this for me as a birthday present. And it ended up becoming my singularly favorite herbal book. As far as it wonderfully mixes folklore, herbal philosophy, history, and actual practical knowledge. I recommend this book to anyone that is interested in herbal medicine or just nature lore.

Loved this book. Been studying. Herbs and growing them over 20 yes.

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